General Education (20 – 39 credits)

English Composition (0 to 3 credits, C- minimum required)
Complete one of the following options:
  ___  3  ENG W131 Elementary Composition
  ___  3  ENG W170 Projects in Reading and Writing
  ___  0  ENG W131 EX Elementary Composition Exemption

Mathematical Modeling (3 to 4 credits)
Complete one of the following options:
  ___  3  MATH-A 118 Finite Mathematics for the Soc and Behavior Sci
  ___  4  MATH-D 116 AND MATH-D 117 Intro to Finite Mathematics I-II
  ___  3  MATH-J 113 Introduction to Calculus with Applications
  ___  3  MATH-M 118 Finite Mathematics
  ___  3  MATH-M 119 Brief Survey of Calculus I
  ___  4  MATH-M 211 Calculus I
  ___  4  MATH-M 213 Accelerated Calculus
  ___  3  MATH-S 118 Honors Finite Mathematics

Natural and Mathematical Sciences (5 to 6 credits)
Complete 6 credits or one 5 credit course with a substantial laboratory component. Choices are on the approved list in the School of HPER Bulletin.

Arts and Humanities (6 credits)
Complete 6 credits on the approved list in the School of HPER Bulletin.

Social and Historical Studies (6 credits)
Complete 6 credits on the approved list in the School of HPER Bulletin.

World Languages and Cultures (0 to 14 credits)
Choose one of the following three options:
Complete 6 credits of world culture courses.

OR
Achieve competency in a single foreign language equal to successful completion of the four semester sequence in a world language.

OR
Complete a 6-credit International experience in an approved study abroad. A list of approved course choices may be found in the School of HPER Bulletin.

See the School of HPER online bulletin for requirement details and approved courses.

Major (94 credits)

Professional Core (47 credits, C- min req each course)
___  3  HPER-N 120 Introduction to Foods *
___  3  HPER-N 231 Human Nutrition (P: CHEM-C 101 or equiv & bio) N&M
___  3  HPER-N 320 Food Chemistry (P:HPER-N 120;CHEM-C 117)
    R: R 340(C 341)**
___  4  HPER-N 321 Qty Food Purch & Prod (P: HPER-N 120, Diet Sr) *
___  3  HPER-N 322 Mgmt Systems in Dietetics ** (P: N 321, Diet major)
___  3  HPER-N 325 Food Chem Lab (R: Concur w/ HPER-N 320)**
___  3  HPER-N 331 Life Cycle Nutrition (R: HPER-N 220 or N 231)**
___  3  HPER-N 336 Community Nutrition (P: HPER-N 231) *
___  1  HPER-N 401 Issues in Dietetics *
___  3  HPER-N 416 Intro to Nutr Counseling & Educ (P: HPER-N 431)**
___  3  HPER-N 430 Adv Hum Nutr I (P:N 231;CHEM-C 341/R 340)*
___  3  HPER-N 431 Med Nutr Ther (P: N231;ANAT-A215;PHSL-P215)**
___  3  HPER-N 432 Advanced Nutrition II (P: HPER-N 430)**
___  3  HPER-N 433 Medical Nutrition Therapy Application (P: co-requisite HPER-N 431) (Junior)**
___  3  HPER-H 350 Complem and Altern App to Health *
___  3  HPER-H 494 Research & Eval Methods in Health & Safety (Jr/Sr) (R: Stats prior to or concurrently w/H 494)

Additional Required Courses (44 credits, C- min req each course except CHEM C117 which has C min req)
___  5  ANAT-A 215 Basic Human Anatomy N&M
___  3  BIOL-L 330 Biol of the Cell (P: college bioi; R: college chem) ** OR HPER-N 480 OR BIOL-L 312
___  3  BIOL-M 200 Microorg in Nature & Disease (R: HS chem & bio) **
___  5  CHEM-C 117 Prin of Chem & Biochem I N&M (C103 may be needed) (A minimum full grade of C is required in CHEM-C 117)
___  2  CLAS-C 209 Medical Terms from Greek & Latin
___  3  CMCL-C 121 Public Speaking (C 122 may not sub)
___  3  ENG-W 231 Professional Writing Skills
___  3  MATH/PSY-K 300 Statistical Techniques
___  5  PHSL-P 215 Basic Human Physiology N&M
___  3  PSY-P 101 Introductory Psychology N&M
___  3  PSY-P 325 Psych of Learning or P335 Cognitive Psych (both have P: PSY-P 102 S&H) or EDUC-P 254 Educ Psych
___  3  SPEA-V 373 Personnel Management (or SPEA-V 366)

Science Elective (3 credits)
Complete 1 of the following (C- min):
___  3  HPER-N 480 Mechanisms of Nutrient Action in the Body *
___  3  HPER-P 409 Basic Physiology of Exercise (P: PHSL-P 215)
___  3  BIOL-L 112 Biological Mechanisms N&M (May not sub L100, L104, E112, Q201)
___  3  BIOL-L 211 Molecular Biology (P: BIOL-L 112)

Requirements continued on next page.
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Pre-requisites</th>
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<tbody>
<tr>
<td>BIOL L 311</td>
<td>Genetics</td>
<td>3</td>
<td>BIOL L 211</td>
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<tr>
<td>BIOL L 331</td>
<td>Introduction to Human Genetics*</td>
<td>3</td>
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<td>CHEM C 342</td>
<td>Organic Chemistry II Lectures (P: C 341)</td>
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<td>CHEM C 483</td>
<td>Biological Chem (P: 18 hrs. chem, incl. C 342)</td>
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<tr>
<td>PHSL P 421</td>
<td>Principles of Human Physiology*</td>
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<td>SPEA E 272</td>
<td>Introduction to Environmental Sciences N&amp;M</td>
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<td>SPEA H 316</td>
<td>Environmental Health</td>
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* = Fall only  ** = Spring only

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**GENERAL EDUCATION**

20-39 credits

**MAJOR**

94 credits

COMPLETE A MINIMUM OF 124 CREDITS FOR THIS DEGREE.

Visit the AHS website at [www.indiana.edu/~aphealth](http://www.indiana.edu/~aphealth)

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**SUGGESTED COURSE SEQUENCE FOR DIETETICS**

(Nota: N & M courses covered by course requirements)

**FRESHMAN YEAR**

<table>
<thead>
<tr>
<th>Fall Semester</th>
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<tr>
<td>ENG-W 131</td>
<td>CMCL-C 121</td>
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<td>Math Mod or Chem (3-5)</td>
<td>CHEM-C 117/103 (5)</td>
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<td>A&amp;H/WLC elec</td>
<td>PSY-P102 (S&amp;H)</td>
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<td>PSY-P 101</td>
<td>A&amp;H/WLC elec</td>
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<td>Elec or N120</td>
<td>CLAS-C 209</td>
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**SOPHOMORE YEAR**

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<tr>
<td>HPER N231</td>
<td>ANAT-A 215</td>
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<td>CHEM-R340 or C341</td>
<td>A&amp;H/WLC elec</td>
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<td>N120 or elec</td>
<td>HPER-N 331</td>
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<td>ENG-W 231</td>
<td>SPEA-V 373</td>
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**JUNIOR YEAR**

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<td>PHS-L-P 215</td>
<td>HPER-N 431</td>
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<td>HPER-H 350</td>
<td>HPER-N 433</td>
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<td>HPER-N336</td>
<td>HPER-N 320</td>
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<td>PSY-K 300</td>
<td>HPER-N 325</td>
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<td>Sci Gr Course</td>
<td>BIOL-M 200</td>
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**SENIOR YEAR**

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<td>HPER-N430</td>
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<td>HPER-N 401</td>
<td>HPER-N 416</td>
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<td>A&amp;H/WLC elec</td>
<td>HPER-H494</td>
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<tr>
<td>PSY-P325/335</td>
<td>BIOL-L 330</td>
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</table>
Dietetics

About the Major: A Vital Growing Profession

Dietetics is about the science and art of applying the principles of nutrition and food preparation to health. Dietitians work in medical and food service settings with

- infants and young children
- school aged children
- athletes
- adults
- senior citizens

Job growth is expected to increase in the next decade because of an increased emphasis on disease prevention and healthy lifestyles.

Opportunities in the Program

Dietetics majors can minor in psychology or fitness. They can join our student-run Dietetics Club, which features numerous volunteering opportunities. The Dietetics program has a nutrition lab and a foods lab. Classroom activities include community projects, planning and preparing a special event meal for students in the halls of residence, designing a research project, and learning in-depth about special issues in nutrition.

What You Can Do

Dietitians promote healthy eating habits so that people can prevent or treat illnesses. IU dietetics graduates go on to complete a supervised practice experience (internship) and are then eligible to take a national exam to become a Registered Dietitian (RD). RDs are the recognized nutrition health care professionals. They

- counsel patients
- do research and develop food products
- oversee large-scale meal planning and preparation
- work in nutrition communication or marketing
- develop nutrition programs

Where You Can Go

RDs work in

- clinical settings such as hospitals
- extended care facilities
- government agencies
- private practice
- corporate wellness programs
- food service operations

What You Will Earn

Clinical dietitians start at about $35k-$45k. Food service dietitians start at about $42k-$50k.