Education Bulletin.
Complete a 6 credit Inte

Complete one of the following three options:
____  __  _________________________________________________
____  __  _________________________________________________
____  __  _________________________________________________

Social and Historical Studies
Complete 6 credits from the list of approved A&H courses in the IUB
General Education Bulletin. At least one course must be a natural science
(as indicated by an asterisk in the GENED bulletin).

Natural and Mathematical Sciences (5 credits)
Complete 5 credits from the list of approved N&M courses in the IUB
General Education Bulletin. At least one course must be a natural science
(as indicated by an asterisk in the GENED bulletin).

Arts and Humanities (6 credits)
Complete 6 credits from the list of approved A&H courses in the IUB
General Education Bulletin.

World Languages and Cultures (0 to 14 credits)
Choose one of the following three options:
Complete 6 credits of world culture courses from the list of approved WC
courses in the IUB General Education Bulletin.

Youth Development (49 credits, C- min in each course)
____ 3 SPH-B 150 Introduction to Public Health S&H
____ 3 SPH-F 150 Intro to Life-Span Development S&H
____ 3 SPH-F 180 Survey of Practice with Youth & Families**
____ 3 SPH-F 255 Human Sexuality S&H
____ 3 SPH-F 330 Leadership Theories in Youth Development**
(P: SPH-F 180 and SPH-L 102)
____ 3 SPH-F 345 Parent-Child Relations*
____ 3 SPH-F 347 Human Dev II - Mid Childhood > Adolescence
(P:SPH-F 150)
____ 3 SPH-F 410 Positive Youth Development**
____ 3 SPH-F 417 African American and Latino Families**
(P: SPH-F 150)
____ 3 SPH-F 430 Professional Preparation in HDFS
(P: HDFS or YD major; Jr/Sr, P/C:18 cr. of SPH-F courses)
____ 3 SPH-F 458 Family Law and Policy **
____ 6 SPH-F 497 Internship in HDFS (graded S/F) +
(P:SPH-F347 and SPH-F430/2.0 GPA, Jr/Sr; consent of instructor)
____ 3 SPH-H 160 First Aid and Emergency Care
____ 3 SPH-H 494 Rsrch&EvaltnMthds - Hlth&Sfty(P:Jr/Srstdng)
____ 1 SPH-L 102 Participant Leadership Development
____ 1 SPH-N 220 Nutrition for Health

* fall only ** spring only

Additional Required Courses (27 credits, C- min in each course)
____ 3 Computer Lit (BUS-K201, CSCI-A110 N&M, SPH-K200)
____ 3 CJUS-P 375 American Juvenile Justice System**
____ 3 SOC-S 100 Introduction to Sociology (or SOC-S 101) S&H
____ 3 SOC-S 316 The Family
____ 3 SPH-H 263 Personal Health S&H
____ 3 SPH-Q 381 Intro to Biostatistics OR PSY-K 300 Stats
____ 3 SPH-R 210 Inclusion in Recreation, Parks and Tourism
____ 3 SPH-R 230 Recreational Sports Programming*
____ 3 SPH-R 431 Youth Sport Management** (P: SPH-R230)

+There is an application process for the internship (F 497) which must
be completed six (6) weeks prior to the semester in which the credit is
to be earned. Check with the internship coordinator for information
packet.

Youth Development Core (AHYDBS)
B.S. in Applied Health Science degree (120 minimum credit hours)
2.5 GPA req. for admission. 2.0 cumulative GPA req. for graduation.
2.0 cumulative GPA in Youth Development Core required for graduation.
No Pass/Fail except free electives
Effective for students matriculating summer 2017
Department of Applied Health Science – PH 116 – (812) 855-3627

20-39
MAJOR
76
COMPLETE A MINIMUM OF 120 CREDITS FOR THIS DEGREE.

* fall only ** spring only
**SUGGESTED COURSE SEQUENCE FOR YOUTH DEVELOPMENT**
*(Note: One N&M and Two S&H courses can be covered by course requirements)*

<table>
<thead>
<tr>
<th>FRESHMAN YEAR-Fall Semester</th>
<th>FRESHMAN YEAR-Spring Semester</th>
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<tbody>
<tr>
<td>SPH-F150 “Intro to Life-Span Human Development” (3)</td>
<td>SPH-B150 “Intro to Public Health” (3)</td>
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<tr>
<td>SPH-H263 “Personal Health” (3)</td>
<td>SPH-F180 “Survey of Practice with Youth and Families” (3)</td>
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<tr>
<td>Arts and Humanities or WLC elective (3)</td>
<td>SPH-L102 “Participant Leadership Development” (1)</td>
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<tr>
<td>Elementary Composition or Math Modeling (3)</td>
<td>Arts and Humanities or WLC elective (3)</td>
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<tr>
<td>Elective (3)</td>
<td>Elementary Composition or Math Modeling (3)</td>
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<td><strong>Total Credits:</strong> 15</td>
<td><strong>Total Credits:</strong> 16</td>
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<tr>
<th>SOPHOMORE YEAR-Fall Semester</th>
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<tbody>
<tr>
<td>SPH-F255 “Human Sexuality” (3)</td>
<td>CSCI-A110 (N&amp;M)/SPH-K200/BUS-K201 “Computer Literacy” (3)</td>
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<tr>
<td>SPH-H160 “First Aid and Emergency Care” (3)</td>
<td>SPH-F330 “Leadership Theories in Youth Development” (3)</td>
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<tr>
<td>SOC-S100 “Intro to Sociology” (3)</td>
<td>SPH-N220 “Nutrition For Health” (3)</td>
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<tr>
<td>Natural and Mathematical Sciences Elective (3)</td>
<td>Arts and Humanities or WLC elective (3)</td>
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<td>Elective (3)</td>
<td>Elective (3)</td>
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<td><strong>Total Credits:</strong> 15</td>
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<tr>
<th>JUNIOR YEAR-Fall Semester</th>
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<tbody>
<tr>
<td>SPH-F345 “Parent Child Relations” (3)</td>
<td>SPH-F410 “Positive Youth Development” (3)</td>
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<tr>
<td>SPH-F347 “Human Development II, Mid-Childhood-Adol.” (3)</td>
<td>CJUS-P375 “American Juvenile Justice System” (3)</td>
</tr>
<tr>
<td>SPH-F430 “Professional Preparation in HDFS and YD” (3)</td>
<td>PSY-K300/SPH-Q381 “Statistical Techniques” (3)</td>
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<tr>
<td>SPH-R210 “Inclusion in Recreation, Parks, and Tourism” (3)</td>
<td>SOC-S316 “The Family” (3)</td>
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<tr>
<td>Arts and Humanities or WLC elective (3)</td>
<td>Elective (3)</td>
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<td><strong>Total Credits:</strong> 15</td>
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<tr>
<th>SUMMER AFTER JUNIOR YEAR</th>
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<tbody>
<tr>
<td>SPH-F497 “HDFS and YD Internship” (6 credits)</td>
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*The internship can also be completed the summer after senior year*

<table>
<thead>
<tr>
<th>SENIOR YEAR-Fall Semester</th>
<th>SENIOR YEAR-Spring Semester</th>
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<tbody>
<tr>
<td>SPH-F458 “Family Law and Policy” (3)</td>
<td>SPH-F417 “African American and Latino Families” (3)</td>
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<tr>
<td>SPH-H494 “Research and Eval. Methods-Hlth and Safety” (3)</td>
<td>SPH-R431 “Youth Sport Management” (3)</td>
</tr>
<tr>
<td>SPH-R230 “Recreational Sports Programming” (3)</td>
<td>Elective (3)</td>
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<tr>
<td>Elective (3)</td>
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<tr>
<td><strong>Total Credits:</strong> 12</td>
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Youth Development

Positively impacting the lives of youth in our society requires specific skills and knowledge that are central to the youth development major for the professional delivery of services for children and adolescents across all ability levels and within the family and community context. Our students engage in a dynamic curriculum that includes coursework, engagement, observation, and reflection focused on current issues that impact today’s children and youth that builds knowledge and skills in five key areas: professionalism, cultural and human diversity, applied human development, communication, and program development.

Opportunities in the Program

Students participate in required internships with faculty supervision and are encouraged to engage in a variety of youth-serving settings. Students are encouraged to join their peers in the Youth Worker Professionals (YWP) club that creates a central opportunity for students of all backgrounds to advocate for youth through engagement and professional development.

Students in this program have the opportunity to engage in a professional preparation class, SPH Career Services, leadership development, student organizations, clubs, and individual research with faculty members, and involvement in service and professional organizations. Graduates of our program qualify to apply for national certification as a Child and Youth Care – Associate (CYC-A), from the Child and Youth Care Certification Board.

Career Opportunities

Graduates with a bachelor’s degree are equipped to work in a wide variety of youth-serving agencies including: hospitals, schools, group homes, non-profit organizations, juvenile justice systems, public health agencies, and community youth services, and afterschool programs. The Youth Development degree was compiled to complement both state and national efforts to provide high quality professionals who are prepared to maintain both credentials at both the state and national level.

The youth development curriculum also provides a strong base of theoretical and practical knowledge which serves students who may pursue advanced degrees in public health, criminal justice, social work, occupational therapy, and medicine.

Careers after completing a graduate or advanced graduate degree:

Youth Development Administrator · Education Administrator · Social Worker (Child, Family, School) · School Counselor · Substance Abuse Counselor · Psychologist (Child, Clinical, School) · Marriage and Family Therapist · Behavioral Disorder Counselor · Occupational Therapist

Employment Outlook

The employment outlook for youth development careers in general varies, since an education in youth development might lead you to a variety of employment opportunities. According to the U.S. Bureau of Labor Statistics (BLS), career opportunities in youth development were expected to increase from 2008 to 2018. The starting salary range is $30,000-$35,000. With a Master's degree, starting salaries range from $33,000 to $40,000.