Students must complete all General Education requirements and all Major requirements. Any acceptable General Education course which is also required in the major may apply to (double-count in) both required areas. Courses common to the areas of World Cultures, Arts and Humanities, and Social and Historical Studies may also double count. However, credit for such courses counts only once toward the total required credits for a degree. See School of HPER Bulletin online at http://www.indiana.edu/~bulletin/iub/hper/2010-2012/index.shtml for links to GenEd course listings.

Major (92 credits)

Skill / Theory Courses (61 credits, C- min req each course)

1. HPER-A 269 Clinical Education in Athletic Training*
2. HPER-A 270 Clinical Education in Athletic Training II**
3. HPER-A 279 Recog & Eval-Lower Extrem Injury in Physcl Active*
4. HPER-A 281 Recog & Eval in Phys Active**
5. HPER-A 282 Strapping & Bandaging of the Physically Active*
6. HPER-A 283 General Medical Issues in Athletic Training**
7. HPER-A 381 Clinical Education in Athletic Training III*
8. HPER-A 382 Clinical Education in Athletic Training IV*
9. HPER-A 383 Principles & Techniq of Therapeutic Modalities*
10. HPER-A 384 Principles & Techniq of Therapeutic Exercise**
11. HPER-A 481 Clinical Education in Athletic Training V*
12. HPER-A 482 Clinical Education in Athletic Training VI**
13. HPER-A 490 Organiztn & Administration of Athletic Training**
14. HPER-A 491 Senior Seminar in Athletic Training*
15. HPER-H 160 First Aid and Emergency Care (B minimum)
16. HPER-H 263 Personal Health
17. HPER-H 401 Emergency Medical Technician
18. HPER-H 404 Emergency Medical Technician Laboratory
19. HPER-N 231 Human Nutrition N&M (P: CHEM-C 101 or equiv & Biol)
20. HPER-P 280 Basic Preventiv & Care of Athletic Injuries (B min)
21. HPER-P 316 Theories of Advanced Conditioning
22. HPER-P 391 Biomechanics
23. HPER-P 405 Introduction to Sport Psychology
25. HPER-P 452 Motor Learning
26. HPER-P 488 Athletic Training Assessment & Adaptation for Individuals with Physical Disabilities*

Additional Required Courses (31 credits)

1. ANAT-A 215 Basic Human Anatomy (minimum C req) N&M
2. CMCL-C 121 Public Speaking
3. CHEM-C 101 Elementry Chemistry I (or C 117) N&M
4. CHEM-C 121 Elementary Chemistry Laboratory I (or C 121)
5. ENG-W 231 Professional Writing Skills
6. HPER-P 200 Compute OR HPER-R 237 OR CSCI-A 110 N&M
7. PHS-L-P215 Basic Human Physiology N&M
8. PHYS-P 101 Physics in the Modern World N&M
9. PSY-K 300 Statistical Techniques OR SPEA-K 300

* Generally fall only ** Generally spring only

GENERAL EDUCATION 20-39
MAJOR 92
COMPLETE A MINIMUM OF 124 CREDITS FOR THIS DEGREE.

Visit the Kinesiology website at www.indiana.edu/~kines
REQUIREMENTS FOR ADMISSION TO THE ATHLETIC TRAINING PROGRAM

Admission to the Athletic Training program is limited. Interested students must apply and be accepted by a screening committee. Career goals, previous athletic training experience and scholastic record are all considered during the screening procedure. Students should make application by April 1 in the spring semester of their freshman year. Notification of acceptance will be made by July 1.

Admittance to the Athletic Training program including:

1. Formal application to the program including:
   - three letters of recommendation
   - biographical sketch
   - current transcript (transfer students only)
   - completion of the Athletic Training Application form
   - completion of the Technical Standards for Admission form. See the form at: www.indiana.edu/~kines/undergraduate/training.shtml
   - completion of Athletic Training Experience–Hour Verification and Basic Athletic Training Proficiency Skills forms. See forms A and B at www.indiana.edu/~kines/undergraduate/training.shtml
   - completion of a criminal history background check. A small fee may be associated with this as determined by state police policies.

2. Interview with athletic training admissions committee
3. Completion of HPER-H 160 and HPER-P 280 with a minimum B grade
4. Completion of ANAT-A 215 with a minimum C grade
5. University overall GPA of 2.50 or higher

Note: Transfer students must also meet the above requirements. See further details relative to transfer students on the Observation Experience form.

Admission to the undergraduate Athletic Training Program is determined by the following criteria:

1. Overall GPA and grade in the three required courses (45 percent)
2. Letters of recommendation and application (20 percent)
3. Interview (35 percent)

The relative weight of these criteria may be adjusted from time to time at the reasonable discretion of the program director. However, such changes will be identified in the application materials so that all applicants will be aware of the weight of the selection criteria when they make apply to the program. A selection committee that includes at least one Board of Certification (BOC) certified member determines admission to the program.
ATHLETIC TRAINING MAJOR COURSE SEQUENCE

The suggested plan below shows how you might sequence courses to allow for completion of the degree in a four-year period. There is very little flexibility within this plan. Planning for correct sequencing of course work is extremely important in this major. Students should meet with an advisor at least once each semester to plan their curriculum. Students interested in high school teaching/AT should consider the 5-year option. See your advisor.

### Advising Plan

<table>
<thead>
<tr>
<th>Freshman year</th>
<th>Sophomore year</th>
<th>Junior year</th>
<th>Senior year</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 credit hours (or complete a total of 30 credit hours by the beginning of the third semester).</td>
<td>Complete courses listed in the right column. To qualify for application to the program, students must have a minimum overall grade point average of 2.5 and 26 or more credit hours completed, including three prerequisite courses.</td>
<td>Complete courses listed in the right column. HPER ‘A’ athletic training courses are restricted to students admitted to the program. Students must be accepted into the Athletic Training Program by the beginning of the sophomore year or third semester to complete the major in four years.</td>
<td>Complete courses listed in the right column. Careful sequencing of courses is critical since several courses are offered only fall or spring semester.</td>
</tr>
<tr>
<td>● Apply for admission by April 1 of freshman year. Since application/admission occurs once each year, students who are not admitted by the beginning of the sophomore year cannot complete the required course sequencing four years. Get application in HPER 115 no later than February (recommendation and observation forms are attached to the application and must be returned by April 1).</td>
<td>❏ Required prior to admission. ❑ A grade of C or higher is required for admission</td>
<td>@ See TAB sheet or bulletin for options. ~ Fall only ❑ Spring only</td>
<td>@ See TAB sheet or bulletin for options. ~ Fall only ❑ Spring only</td>
</tr>
<tr>
<td>~ Fall only ❑ Spring only</td>
<td>Suggested sequencing:</td>
<td>Suggested sequencing:</td>
<td>Suggested sequencing:</td>
</tr>
<tr>
<td>CMCL-C 121</td>
<td>ANAT-A 215 ❑</td>
<td>HPER-P 280 ❑</td>
<td>HPER-A 481</td>
</tr>
<tr>
<td>ENG-W 131 or W 170</td>
<td>HPER-H 160 ❑</td>
<td>HPER-P 281 ❑</td>
<td>HPER-A 491 ❑</td>
</tr>
<tr>
<td>Mathematical Modeling</td>
<td>HPER-P 280 ❑</td>
<td>HPER-A 490 ❑</td>
<td>HPER-P 409</td>
</tr>
<tr>
<td>CHEM-C 101</td>
<td>Arts/Humanities</td>
<td>CHEM-C 121</td>
<td>World Lang &amp; Culture</td>
</tr>
<tr>
<td>HPER-P 200</td>
<td>Social/Historical</td>
<td></td>
<td>HPER-P 405</td>
</tr>
<tr>
<td>Arts/Humanities</td>
<td>Social/Historical</td>
<td>Free Elective (1-2)</td>
<td>~to total 124</td>
</tr>
<tr>
<td>HPER-P 200</td>
<td>HPER-H 263</td>
<td>Free Elective (2-3)</td>
<td></td>
</tr>
</tbody>
</table>
Athletic Training

Description of Program

Students who complete the Bachelor of Science in Athletic Training are prepared to sit for the Board of Certification (BOC) exam. The three-year athletic training program stresses clinical experience in addition to course work. During the sophomore year, students are assigned to new clinical education instructors approximately every 5 weeks, thus rotating through a variety of on and off campus clinical education experiences with different sports, settings, and venues. ATEP juniors participate in four clinical experience rotations throughout the year participating in coverage of daily, home practices and competitions. Seniors are assigned to one clinical instructor thus providing seniors with an in-depth, daily clinical education experience with one sport or setting throughout the entire year.

Special Opportunities

The Athletic Training Student Council, composed of both graduate and undergraduate students, is regularly involved with philanthropic activities and also assists students with partial funding for professional development activities.

Careers

Athletic trainers help prevent, assess, treat, and rehabilitate injuries. Athletic trainers can work with clients of all ages and in many areas, from athletics, to health care, to industry. They are often the first on the scene when injuries occur and are trained to assess injuries and provide immediate care. Athletic trainers also help to prevent injuries through taping, bracing, and education. Board certified athletic trainers often find employment in colleges and universities, secondary schools, clinics or hospitals, industrial settings, military, performing arts, physician offices, or professional teams.