Students must complete all General Education requirements and all Major requirements. Any acceptable General Education course which is also required in the major may apply to (double-count in) both required areas. Courses common to the areas of World Cultures, Arts and Humanities, and Social and Historical Studies may also double count. However, credit for such courses counts only once toward the total required credits for a degree.

General Education (20 – 39 credits)

(General Education Bulletin at: www.indiana.edu/~bulletin/iub)

English Composition (0 to 3 credits, C- minimum required)
Complete one of the following options:
___ 3 CMLT-C 110 Writing the World
___ 3 ENG-W 131 Elementary Composition
___ 3 ENG-W 170 Projects in Reading and Writing
___ 0 ENG-W 131 EX Elementary Composition Exemption

Mathematical Modeling (3 to 4 credits)
Complete one of the following options:
___ 3 MATH-A 118 Finite Mathematics for the Soc and Behavior Sci
___ 4 MATH-D 116 AND MATH-D 117 Intro to Finite Mathematics I-II
___ 3 MATH-J 113 Introduction to Calculus with Applications
___ 3 MATH-M 118 Finite Mathematics
___ 3 MATH-M 119 Brief Survey of Calculus I
___ 4 MATH-M 211 Calculus I
___ 4 MATH-M 213 Accelerated Calculus
___ 3 MATH-S 118 Honors Finite Mathematics
___ 3 MATH-V 118 Finite and Consumer Mathematics:
_____ 3 MATH-V 118 Finite Math for Social and Biological Sciences

Natural and Mathematical Sciences (5 credits)
Complete 5 credits from the list of approved N&M courses in the IUB General Education Bulletin. At least one course must be a natural science (as indicated by an asterisk in the GENED bulletin).

_____ ______

Arts and Humanities (6 credits)
Complete 6 credits from the list of approved A&H courses in the IUB General Education Bulletin.

_____ ______

Social and Historical Studies (6 credits)
Complete 6 credits from the list of approved S&H courses in the IUB General Education Bulletin.

_____ ______

World Languages and Cultures (0 to 14 credits)
Choose one of the following three options:

Complete 6 credits of world culture courses from the list of approved WC courses in the IUB General Education Bulletin.

OR

Achieve competency in a single foreign language equal to successful completion of the four semester sequence in a world language.

OR

Complete a 6-credit International experience in an approved study abroad. A list of approved course choices may be found in the IUB General Education Bulletin.

_____ ______

Major (76-78 credits)

Recreational Therapy (46-48 credits)
___ 3 HPER-R 277 Foundations of Recreational Therapy Practice (min C-)
___ 4 HPER-R 378 Recreational Therapy Assessment and Planning (min C-) (P: R277; P or C: T220)
___ 4 HPER-R 379 Recreational Therapy Facilitation Techniques and Evaluation (min C-) (P: R277 & R378)
___ 3 HPER-R 396 Recreational Therapy Internship & Professional Preparation (to be taken the Fall semester prior to the R463 internship)
___ 3 HPER-R 462 Recreational Therapy in Health Care Environment (min C-) (P: R277)
___ 3 HPER-R 479 Contemporary Issues in Recreational Therapy (min C-) (P: R277)
___ 3 HPER-F 150 Intro to Life Span Development S&H
___ 3 HPER-P 398 Adapted Physical Education
___ 3 HPER-T 220 Disability, Health, and Function (min C-)
___ 3-5 ANAT-A 215 Basic Human Anatomy N&M or HPER-P 205 Structural Kinesiology
___ 5 PHSL-P 215 Physiology N&M
___ 3 PSY-P 101 Intro Psych I N&M
___ 3 PSY-P 102 Intro Psych II S&H
___ 3 PSY-P 324 Abnormal Psychology

Required Core Courses (30 credits)
___ 3 HPER-R 160 Foundations of Rec & Leisure S&H
___ 3 HPER-R 270 Inclusion in Rec, Parks, and Tourism
___ 3 HPER-R 330 Management in Rec, Parks, & Tourism
___ 3 HPER-R 395 Data-Based Decision-Making & Evaluation
___ 3 HPER-R 430 Event Planning & Program Development
___ 12 HPER-R 463 Professional Internship
___ 3 HPER-T 142 Living Well S&H
___ 320 Hrs Field Experience–Date Completed _____ / _____ / _____

Electives (7-28)

GENERAL EDUCATION 20-39
MAJOR 76-78
FREE ELECTIVES 7-28

For graduation, at least 124 credits are required.

Visit the Recreation website at www.indiana.edu/~recpark
### Suggested Course Sequence Map

**Recreational Therapy**

<table>
<thead>
<tr>
<th>First Year</th>
<th>First Semester</th>
<th>Second Semester</th>
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</table>
| **Total: 30 cr** | HPER-R 160 Found of Rec & Leisure (3) **S&H**  
English Composition. (3)  
Mathematical Modeling (3)  
Arts & Humanities (3)  
Electives (3) | HPER-R 277, Foundations of RT Practice (3) **spring only**  
HPER-T142 Living Well (3) **S&H**  
Arts & Humanities (3)  
PSY-P 101, Intro to Psychology I (3) **N&M**  
World Languages/Cultures (3) |

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<tr>
<th>Second Year</th>
<th>First Semester</th>
<th>Second Semester</th>
</tr>
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| **Total: 33 cr** | HPER-T 220, Disability, Function, & Health (3)  
PSY-P 102, Intro to Psychology II (3) **S&H** (P: P101)  
World Languages/Cultures (3)  
Electives (9) | HPER-R 270 Inclusion in RPT (3)  
HPER-F 150, Lifespan Development (3) **S&H**  
ANAT-A 215, Basic Human Anatomy (5) **N&M**, OR  
HPER-P 205, Structural Kinesiology  
Electives (4-6) |

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<tr>
<th>Third Year</th>
<th>First Semester</th>
<th>Second Semester</th>
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</table>
| **Total: 33 cr** | HPER-R 330 Management of RPT (3)  
HPER-R 378 RT Assessment & Planning (4)  
(P: R277; P or C: T220) (fall only)  
HPER-P 398 Adapted Physical Education (3)  
PHSL-P 215 Physiology (5) **N&M** | HPER-R 379 RT Facilitation Techniques & Evaluation (4)  
(P: R378) (spring only)  
HPER-R 430 Event Plan & Program Dev (3) (P: junior standing)  
HPER-R 462 RT in Health Care Environment (3)  
(P: R277) (spring only)  
Electives (6) |

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<tr>
<th>Fourth Year</th>
<th>First Semester</th>
<th>Second Semester</th>
</tr>
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</table>
| **Total: 28 cr** | HPER-R 395 Data Based Decision Making/Eval (3)  
(P: math modeling course)  
HPER-R 396 RT Internship & Professional Prep (3)  
(P or C: R378) (fall only)  
HPER-R 479 Contemporary Issues in RT (3)  
(P: R277) (fall only)  
PSY-P 324 Abnormal Psychology (3) (P: P102)  
Electives (4) | HPER-R 463 Internship (12) (P: R160, R396, all RT major courses) |

**NOTE:** 320 hours field experience also required.

### NOTES:

1. A student needs to average 15.5 hours per semester to graduate in 8 semesters (124 credit hours).
2. Many students reduce their academic-year credits by taking classes in summer. However, it is difficult to get equivalent credit for major course work at other campuses or colleges. A few RPTS courses, usually required core classes, are offered at IUB each summer, usually in the early part (1st 4- or 1st 6-weeks).
3. Unless otherwise noted, courses may be taken either semester.
4. Prior to registering for the professional internship (R463), students must document 320 Hours of practical experience in the leisure industry, for approval by their option's faculty coordinator. Deadlines for approval of the 320 Hours requirement:
   - For a fall internship: 1 July
   - For a spring internship: 1 November
   - For a summer internship: 1 April
5. The internship (R 463) may be taken any term following completion of the required prerequisite courses. Students commonly complete it during the summer, often following the fourth year. Students completing degree requirements in summer may participate in the May commencement ceremony.
Recreational Therapy

Through opportunities for direct experience with clients with disabilities, the recreational therapy major prepares students to assume positions as recreation therapy specialists. Using a variety of techniques, including arts and crafts, animals, sports, games, dance and movement, drama, music, and community outings, therapists treat and maintain the physical, mental, and emotional well-being of their clients. Professionals assess individuals’ needs, plan and implement specific interventions to meet those needs, and document and evaluate the effectiveness of the interventions. All students graduating from the major are eligible to sit for the National Council on Therapeutic Recreation Certification (NCTRC) examination.

Career possibilities include recreation therapy specialist positions in:

- Acute care facilities
- Adult day care facilities
- Assisted living facilities
- Developmental learning centers
- Public and private medical and psychiatric hospitals
- Long-term and residential care facilities
- Mental health centers
- Community park and recreation departments
- Psychiatric/behavioral health settings
- Physical and substance abuse rehabilitation centers
- Special education programs in schools
- Stress care units

Recreation therapy provides a rare opportunity for students to do therapeutic work with a bachelor’s degree. The Occupational Outlook Handbook refers to the job outlook in recreational therapy as above average.