General Education (20 – 39 credits)
(General Education Bulletin at: www.indiana.edu/~bulletin/iub)

English Composition (0 to 3 credits, C minimum required)
Complete one of the following options:
____ 3 CMLT-C 110 Writing the World
____ 3 ENG-W 131 Elementary Composition
____ 3 ENG-W 170 Projects in Reading and Writing
____ 0 ENG-W 131 EX Elementary Composition Exemption

Mathematical Modeling (3 to 4 credits)
Complete one of the following options:
____ 4 MATH-D 116 AND MATH-D 117 Intro to Finite Mathematics I-II
____ 3 MATH-J 113 Introduction to Calculus with Applications
____ 3 MATH-M 106 The Mathematics of Decision & Beauty
____ 3 MATH-M or V or S 118 Finite Mathematics
____ 3 MATH-M or V or S Brief Survey of Calculus I
____ 4 MATH-M 211 Calculus I
____ 4 MATH-M 213 Accelerated Calculus

Natural and Mathematical Sciences (5 credits)
Complete 5 credits from the list of approved N&M courses in the IUB General Education Bulletin. At least one course must be a natural science (as indicated by an asterisk in the GENED bulletin).

Arts and Humanities (6 credits)
Complete 6 credits from the list of approved A&H courses in the IUB General Education Bulletin.

Social and Historical Studies (6 credits)
Complete 6 credits from the list of approved S&H courses in the IUB General Education Bulletin.

World Languages and Cultures (0 to 14 credits)
Choose one of the following three options:
Complete 6 credits of world culture courses from the list of approved WC courses in the IUB General Education Bulletin.
OR
Achieve competency in a single foreign language equal to successful completion of the four semester sequence in a world language.
OR
Complete a 6-credit International experience in an approved study abroad. A list of approved course choices may be found in the IUB General Education Bulletin.

Major (68-75 credits)

Recreational Therapy Anatomy/Physiology Requirement (3-10 credits)
Students must acquire at least 3 credits in Anatomy AND Physiology:

This requirement may be completed by taking the following course:
____ 3 MSCI-M 115 Intro to Anatomy & Physiology
Alternatively, students may complete this requirement by completing the following individual Anatomy and Physiology courses:
____ 3-5 ANAT-A 215 Basic Human Anatomy N&M or
SPH-K 205 Structural Kinesiology
____ 5 PHSL-P 215 Physiology N&M

Recreational Therapy Specialization Requirements (38 credits)

Arts and Humanities (3 credits)
Complete 3 credits from the list of approved A&H courses in the IUB General Education Bulletin.

Natural and Mathematical Sciences (5 credits)
Complete 5 credits from the list of approved N&M courses in the IUB General Education Bulletin. At least one course must be a natural science (as indicated by an asterisk in the GENED bulletin).

Social and Historical Studies (6 credits)
Complete 6 credits from the list of approved S&H courses in the IUB General Education Bulletin.

World Languages and Cultures (0 to 14 credits)
Choose one of the following three options:
Complete 6 credits of world culture courses from the list of approved WC courses in the IUB General Education Bulletin.
OR
Achieve competency in a single foreign language equal to successful completion of the four semester sequence in a world language.
OR
Complete a 6-credit International experience in an approved study abroad. A list of approved course choices may be found in the IUB General Education Bulletin.

At least 120 credits are required for graduation.
GENERAL EDUCATION 20-39
MAJOR 68-75
FREE ELECTIVES 6-32
# Suggested Course Sequence Map
## Recreational Therapy

<table>
<thead>
<tr>
<th>First Year</th>
<th>First Semester</th>
<th>Second Semester</th>
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<tbody>
<tr>
<td>Total: 30 cr</td>
<td><strong>SPH-R 200 Foundations of Leisure &amp; PH (3) S&amp;H</strong>&lt;br&gt; IUB GenEd English Composition (3)&lt;br&gt; IUB GenEd Mathematical Modeling (3)&lt;br&gt; IUB GenEd Arts &amp; Humanities (3)&lt;br&gt; Electives (3)</td>
<td>PSY-P 101, Intro to Psychology I (3) N&amp;M&lt;br&gt; SPH-F 150, Lifespan Development (3) S&amp;H&lt;br&gt; IUB GenEd Arts &amp; Humanities (3)&lt;br&gt; IUB GenEd World Languages/Cultures (3)&lt;br&gt; Electives (3)</td>
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<tr>
<th>Second Year</th>
<th>First Semester</th>
<th>Second Semester</th>
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<tr>
<td>Total: 30 cr</td>
<td><strong>PSY-P 102, Intro to Psychology II (3) S&amp;H (P: P101)</strong>&lt;br&gt; SPH-Y 225, Disability, Function, &amp; Health (3) (fall only)&lt;br&gt; SPH-R 210 Inclusion in RPT (3)&lt;br&gt; IUB GenEd World Languages/Cultures (3)&lt;br&gt; Electives (3)</td>
<td><strong>PSY-P 324 Abnormal Psychology (3) (P: P 102)</strong>&lt;br&gt; SPH-Y 277, Foundations of RT Practice (3) (spring only)&lt;br&gt; ANAT-A 215, Basic Human Anatomy (5) N&amp;M OR&lt;br&gt; SPH-K 205, Structural Kinesiology (3) OR&lt;br&gt; MSCI-M 115 Intro to Anatomy &amp; Physiology&lt;br&gt; Electives (4-6)</td>
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<tr>
<th>Third Year</th>
<th>First Semester</th>
<th>Second Semester</th>
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<tbody>
<tr>
<td>Total: 32 cr</td>
<td><strong>SPH-K 398 Adapted Physical Education (3)</strong>&lt;br&gt; SPH-Y 378 RT Assessment &amp; Planning (4)&lt;br&gt; (P: Y 277; P or C: Y 225) (fall only)&lt;br&gt; PHSL-P 215 Physiology (5) N&amp;M OR&lt;br&gt; IUB GenEd Natural/Math Science plus Electives if neither ANAT-A 215 nor PHSL-P 215 is taken&lt;br&gt; SPH-R 311 Management of RPT (3)</td>
<td><strong>SPH-Y 379 RT Facilitation Techniques &amp; Evaluation (4)&lt;br&gt; (P: Y378) (spring only)</strong>&lt;br&gt; SPH-Y 472 RT in Health Care Environment (3)&lt;br&gt; (P: Y378) (spring only)&lt;br&gt; SPH-R 314 Data Based Decision Making/Eval (3)&lt;br&gt; Electives (7)</td>
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<tr>
<th>Fourth Year</th>
<th>First Semester</th>
<th>Second Semester</th>
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<tbody>
<tr>
<td>Total: 28 cr</td>
<td><strong>SPH-Y 397 RT Internship &amp; Professional Prep (3)</strong>&lt;br&gt; (P: Y 277; senior standing) (fall only)&lt;br&gt; SPH-Y 470 Contemporary Issues in RT (3)&lt;br&gt; (P or C: Y378) (fall only)&lt;br&gt; SPH-R 410 Event Plan &amp; Program Dev (3)&lt;br&gt; (P: junior standing)&lt;br&gt; Electives (7-9)</td>
<td><strong>SPH-R 497 Internship (12) (P: Y 397 the fall before the internship; all RT major courses)</strong></td>
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**NOTE:** 320 hours field experience also required.

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### NOTES:

1. A student needs to average 15 credit hours per semester to graduate in 8 semesters (120 credit hours).
2. Many students reduce their academic-year credits by taking classes in summer. However, it is difficult to get equivalent credit for major course work at other campuses or colleges. A few RPTS courses, usually required core classes, are offered at IUB each summer, usually in the early part (1st 4- or 1st 6-weeks).
3. Unless otherwise noted, courses may be taken either semester.
4. Prior to registering for the professional internship (R497), students must document 220 Hours of practical experience in the leisure industry and an additional 100 under a CTRS, for approval by RT internship coordinator. Deadlines for approval of the 320 Hours requirement:
   - For a spring internship: 1 September
   - For a summer internship: 1 February
   - For the RT major, the internship may not be completed in the fall term.
5. The internship (R497) may be taken any spring or summer term following completion of the required prerequisites. Students commonly complete it during the summer, often following the fourth year. Students completing degree requirements in summer may participate in the May commencement ceremony. The R497 internship is a 12-credit requirement, so students will pay tuition for this, as for other credit toward graduation.

Visit the Recreation, Park, and Tourism Studies website:
Recreational Therapy

Through opportunities for direct experience with clients with disabilities, the recreational therapy major prepares students to assume positions as recreation therapy specialists. Using a variety of techniques, including arts and crafts, animals, sports, games, dance and movement, drama, music, and community outings, therapists treat and maintain the physical, mental, and emotional well-being of their clients. Professionals assess individuals' needs, plan and implement specific interventions to meet those needs, and document and evaluate the effectiveness of the interventions. All students graduating from the major are eligible to sit for the National Council on Therapeutic Recreation Certification (NCTRC) examination.

Career possibilities include recreation therapy specialist positions in:

- Acute care facilities
- Adult day care facilities
- Assisted living facilities
- Developmental learning centers
- Public and private medical and psychiatric hospitals
- Long-term and residential care facilities
- Mental health centers
- Community park and recreation departments
- Psychiatric/behavioral health settings
- Physical and substance abuse rehabilitation centers
- Special education programs in schools
- Specialty Medical Camps
- Stress care units

Recreation therapy provides a rare opportunity for students to do therapeutic work with a bachelor's degree. The Occupational Outlook Handbook refers to the job outlook in recreational therapy as above average.