I. REQUIRED CORE COURSES (10-11 credits)

Complete each of the following courses:

___ 2-3 SPH-K 280 Principles of Athletic Training and Emergency Care (2 cr.)
    or SPH H160 First Aid and Emergency Care (3 cr.)
___ 3 SPH-K 335 Theories of Conditioning for Coaching (Limited to coaching minor students or permission of instructor)
___ 3 SPH-K 435 Philosophical Foundations of Coaching (Limited to coaching minor students or permission of instructor)
___ 2 SPH-K 455 Practicum in Coaching (includes weekly seminar) (Junior/Senior standing and admission to the coaching minor)

II. COACHING COURSES (4 credits)

Complete 4 credit hours from the following:

___ 2 SPH-A 361 Coaching of Football (spring only)
___ 2 SPH-A 362 Coaching of Basketball (fall only)
___ 2 SPH-A 363 Coaching of Baseball (fall only)
___ 2 SPH-A 364 Coaching of Track and Field (fall only)
___ 2 SPH-A 367 Coaching of Swimming and Diving
___ 2 SPH-A 368 Coaching of Tennis (spring only)
___ 2 SPH-A 370 Coaching of Soccer (spring only)
___ 2 SPH-A 371 Coaching of Volleyball (fall only)
___ 1 SPH-A 483 Sports Officiating (usually basketball, track and field, or softball)
___ 2 SPH-I 220 Training Theories for Endurance Events
___ 2 SPH-K 317 Theory and Practice of Resistance Training
___ 3 SPH-K 450 Topic: History of Indiana High School Basketball

III. SPECIALIZED ELECTIVES (6 credits)

Complete 6 credit hours from the following:

___ 3 SPH-N 231 Human Nutrition (P: CHEM-C 101 and BIO-L 100 or equivalent)
___ 3 SPH-K 212 Introduction to Exercise Science
___ 3 SPH-K 205 Structural Kinesiology
___ 3 SPH-K 391 Biomechanics
___ 3 SPH-K 405 Introduction to Sport Psychology
___ 3 SPH-K 409 Basic Physiology of Exercise (P: PHSL-P 215)
___ 3 SPH-K 452 Motor Learning

◆ Proof of CPR certification required.
◆ First Aid and AED Essentials certification strongly recommended.

Note: Students are responsible for checking with their degree-granting school/unit to determine whether this minor may be officially recorded on the transcript. The various schools on the Bloomington campus may limit the number of credit hours outside their school that will count toward a degree. Students should check with an advisor in their school for information about minor rules.