REQUIRED CORE COURSES (12-16 credits)

___ 3-5 MSCI-M 115 Intro to Anatomy & Physiology (3 cr.) –or– PHSL-P 215 Human Physiology (5 cr.)
___ 3-5 SPH-K 205 Structural Kinesiology (3 cr.) –or– ANAT-A 215 Human Anatomy (5 cr.)
___ 3 SPH-K 216 Foundations of Physical Activity and Public Health
___ 3 SPH-K 319 Exercise/Physical Activity Leadership (P: SPH-K 205 or ANAT-A 215 & SPH-K 216)

SPECIALIZED ELECTIVES (6 credits.):
Complete 6 credits from the following courses:

___ 3 SPH-B 416 Introduction to Health Counseling
___ 3 SPH-K 327 Behavioral Aspects of Physical Activity and Exercise**
___ 3 SPH-K 417 Physical Activity and Disease* (P: SPH-K 409)
___ 3 SPH-K 419 Fitness Testing and Interpretation (P: SPH-K 409)
___ 1-3 SPH-K 492 Research in Kinesiology
___ 1-3 SPH-K 496 Lab Assisting/Field Experience in Kinesiology

Current CPR certification required to sit for a national certification examination (s).

This minor does not qualify students to sit for the American College of Sports Medicine Health Fitness Instructor Certification Examination.

Note: Students are responsible for checking with their degree-granting school/unit to determine whether this minor may be officially recorded on the transcript. The various schools on the Bloomington campus may limit the number of credit hours outside their school that will count toward a degree. Students should check with an advisor in their school for information about minor rules.