Required Courses: (12 credits), Complete the following four courses:

___ 3  SPH-H 235  Obesity and Health S&H ¹ 
___ 3  SPH-H 320  Nature of Cancer 
___ 3  SPH-H 334  Heart Health and Diabetes 
___ 3  SPH-N 220  Nutrition for Health
   OR SPH-N 231  Human Nutrition N&M ²
   OR SPH-N 331  Life Cycle Nutrition **

Selective Course: (3 credits), Complete one of the following courses:

___ 3  SPH-B 310  Health Care in Diverse Communities 
___ 3  SPH-B 366  Community Health 
___ 3  SPH-B 403  Public Health Program Planning 
___ 3  SPH-B 416  Introduction to Health Counseling 
___ 3  SPH-E 311  Introduction to Epidemiology 
___ 3***  SPH-H 304  Healthy Children: Breastfeeding Promotion in Global Communities 
___ 3  SPH-H 305  Women’s Health 
___ 3  SPH-H 306  Men’s Health 
___ 3  SPH-H 315  Consumer Health 
___ 3**  SPH-H 418  The Nature of Addiction 
___ 3**  SPH-K 412  Exercise in Health and Disease 
___ 3  SPH-N 336  Public Health Nutrition (P:SPH-N220 or N231) 
___ 3**  ANTH-P 380 Prehistoric Diet and Nutrition 
___ 3  GEOG-G 369 The Geography of Food (Waiver of liability required) 
___ 3*  PSY-P 303 Health Psychology (P: PSY-P155 or P101 & P102 or P151 & P152) 
___ 3*  SOC-S 365 Social Foundations Behavior: Applications for Health Settings 
___ 3  Other obesity related, 300 level or above course with approval of the academic advisor at the Department of Applied Health Science

¹ = Social and Historical Studies       ² = Natural and Mathematical Sciences
* = Fall Only       ** = Spring Only       *** = Summer Only

Note: Students are responsible for checking with their degree-granting school/unit to determine whether this minor may be officially recorded on the transcript. The various schools on Bloomington campus may limit the number of credit hours outside their school that will count toward a degree. Students should check with an advisor in their school for information about minor rules.

Student:

Last name  First name  10-digit ID number